

Keck School of Medicine of **USC**



EARN:

Up to 21.25 AMA PRA
Category 1 Credits™
Plus ABIM MOC

51st Annual

USC Internal Medicine for PCPs and Subspecialists

Topics: Rheumatology, Cardiology, Endocrinology,
Nephrology, Neurology and Pulmonary Critical Care

Monday, March 4 – Thursday, March 7, 2024

Hyatt Regency Maui

Ka'anapali Beach in Maui, Hawaii

Presented by:

Department of Medicine and
USC Office of Continuing Medical Education



PROGRAM AGENDA

Monday, March 4, 2024

- 6:00 am **Registration and Breakfast**
- 6:40 am **Welcome**
Moderator: Ron Ben-Ari, MD
- 6:45 am **Hypertension Update 2024: Diagnosis, Workup and Management**
Mitra K. Nadim, MD
- 7:20 am **All Night Long-Essentials of Sleep-Disordered Breathing**
May M. Lee, MD
- 8:00 am **GLP1ra for Weight Loss: What to Know**
Trevor E. Angell, MD
- 8:40 am **Not Your Grandfather's Parkinson's Disease: Updates on Diagnosis and Therapy**
Mark F. Lew, MD
- 9:20 am **Break**
- 9:35 am **Coronary Artery Calcium Scoring and Preventive Cardiology**
Vivian Y. Mo, MD
- 10:15 am **Cancer Screening in Women**
Laila A. Al Marayati, MD
- 10:55 am **Early CKD Identification and Intervention for PCPs**
Mitra K. Nadim, MD
- 11:35 am **Evaluation and Management of Thyroid Dysfunction**
Trevor E. Angell, MD
- 12:15 pm **Adjourn**

Tuesday, March 5, 2024

- Moderator: Ron Ben-Ari, MD*
- 6:15 am **Registration and Breakfast**
- 6:45 am **My Mother Has Dementia. What About Me? Dementia: What It Is and How to Treat**
Mark F. Lew, MD
- 7:20 am **Menopause: Evaluation and Management Update 2024**
Laila A. Al-Marayati, MD
- 8:00 am **Going for GOLD: Updates in COPD**
May M. Lee, MD
- 8:40 am **My Son Gave It to Me! Cannabidiol (CBD) for Whatever Ails You: Neurologic Disorders and CBD**
Mark F. Lew, MD
- 9:20 am **Break**
- 9:35 am **Heart Failure: Update 2024**
Vivian Y. Mo, MD
- 10:15 am **Use of Diabetes Technology in the Clinic**
Trevor E. Angell, MD

- 10:55 am **Lung Cancer Screening and Workup of Incidental Pulmonary Nodules**
May M. Lee, MD
- 11:35 am **EKG Refresher for the PCP**
Vivian Y. Mo, MD
- 12:15 pm **Adjourn**

Wednesday, March 6, 2024

- Moderator: Ron Ben-Ari, MD*
- 6:15 am **Registration and Breakfast**
- 6:45 am **Option 1: Meet the Professor**
Mark F. Lew, MD
- 6:45 am **Option 2: Meet the Professor**
Laila A. Al Marayati, MD
- 6:45 am **Option 3: Meet the Professor**
Trevor E. Angell, MD
- 6:45 am **Option 4: Meet the Professor**
Vivian Y. Mo, MD
- 6:45 am **Option 5: Meet the Professor**
Mitra K. Nadim, MD
- 6:45 am **Option 6: Meet the Professor**
May M. Lee, MD
- 7:20 am **Resistant Hypertension: Diagnosis, Workup and Management**
Mitra K. Nadim, MD
- 8:00 am **Common Gynecologic Problems for the PCP**
Laila A. Al Marayati, MD
- 8:40 am **Parathyroid Disease and Fracture Risk: Update 2024**
Trevor E. Angell, MD
- 9:20 am **Break**
- Moderator: Glenn R. Ehresmann, MD*
- 9:35 am **The Umbrella of Spondyloarthritis: From Psoriatic Arthritis to Ankylosing Arthritis**
Stratos Christianakis, MD
- 10:05 am **Pain Management Issues in the Chronic Adult Patient**
Allison Chacon, PharmD, APh
- 10:35 am **Somatic Therapy for PTSD and Chronic Pain**
Allison Arkfeld, MA, LMFT
- 10:45 am **Sports Injuries for the Primary Care Provider**
Stephen Myers, MD and Yogi Matharu, DPT, OCS, MBA
- 11:15 am **Vasculitis: Small, Medium and Large**
Leanna Wise, MD, MPH
- 12:15 pm **Adjourn**

Thursday, March 7, 2024

- Moderator: Daniel G. Arkfeld, MD*
- 6:15 am **Registration and Breakfast**
- 6:45 am **Option 1: Meet the Professor**
Stephen Myers, MD and Yogi Matharu, DPT, OCS, MBA

PROGRAM AGENDA

Thursday, March 7, 2024

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| 6:45 am | Option 2: Meet the Professor
<i>Stavros Savvas, MD and Janet Cho, PharmD, BCGP</i> | 9:20 am | Break |
| 6:45 am | Option 3: Meet the Professor
<i>Glenn R. Ehresmann, MD and Negin Sazgar, PharmD</i> | 9:35 am | Approach to Patient with Muscle Pain- Is It PMR or Fibromyalgia?
<i>Stephen Myers, MD</i> |
| 6:45 am | Option 4: Meet the Professor
<i>Alan Oki, MD and Lori Ginoza, PT, DPT</i> | 10:10 am | Comprehensive Update on Using Biologic Agents in Rheumatic Disorders
<i>Janet Cho, Pharm D, BCGP and Negin Sazgar, Pharm D</i> |
| 6:45 am | Option 5: Meet the Professor
<i>Stratos Christianakis, MD Allison Chacon, PharmD, APh</i> | 10:45 am | Sjogren's and Scleroderma Update
<i>Stavros Savvas, MD</i> |
| 7:20 am | Back Pain from A to Z
<i>Patrick C. Hsieh, MD</i> | 11:15 am | Intensive Lupus Roundtable
<i>Moderated by: Leanna Wise, MD, MPH and Stratos Christianakis, MD with Rheumatology Fellows Presenting Cases</i> |
| 8:00 am | Stump the Chump
<i>Daniel G. Arkfeld, MD, Senior Rheumatology Fellows, and Lori Ginoza, PT, DPT</i> | 12:15 pm | Adjourn |
| 8:40 am | Creaky Joint Management: Rheumatoid Arthritis to Osteoarthritis
<i>Glenn R. Ehresmann, MD</i> | | |

COURSE DESCRIPTION

The 51st Annual USC Internal Medicine for PCPs & Subspecialists Course is designed especially for internists, family physicians, subspecialist physicians and allied health professionals who care for adults. This four-day course provides participants with a series of interactive lectures by USC faculty experts spanning a wide array of contemporary and important topics for primary care practitioners and specialists and special, more intimate, roundtables in which participants engage our faculty experts with questions arising from their own practices.

Lecture presenters use an anonymous electronic audience response system to promote active learning among participants and to enable group reflections on case studies and challenging clinical questions in real time. Participants will be able to attain new and practical knowledge for integration into their clinical practices to improve patient care and patient care outcomes.

COURSE OBJECTIVES

By the end of the course, participants will be able to:

- Interpret diagnostic tests and determine treatment approaches for rheumatologic problems in primary care and specialty practices: impact on pregnancy, serologies, SLE, Sjogren's, fibromyalgia, gout, back pain, RA, polymyositis, hypermobility, spondyloarthropathies, autoinflammation, and psoriatic arthritis.
- Apply current guidelines and evaluation strategies to prevent, diagnose and treat common issues in cardiovascular medicine.
- Interpret diagnostic tests and determine treatment approaches for pulmonary and sleep medicine problems in primary care.
- Diagnose and address gynecologic and women's health issues in primary care.
- Apply the latest evidence in the management of diabetes mellitus, thyroid dysfunction and osteoporosis and other common problems in endocrinology.
- Apply the latest evidence to diagnose and treat Parkinson's Disease and dementia, and to understand the uses of cannabidiol (CBD) in neurologic disorders.
- Apply current guidelines to diagnose and treat hypertension and resistant hypertension and to evaluate and manage chronic kidney disease.

FACULTY

COURSE DIRECTORS

Keck Medicine of USC



Ron Ben-Ari, MD, FACP

Associate Professor of Clinical Medicine
Senior Associate Dean
for Medical Education
USC Departments of Medicine
and Medical Education



Daniel G. Arkfeld, MD

Professor of Clinical Medicine
Division of Rheumatology
Department of Medicine

KECK SCHOOL OF MEDICINE FACULTY

Trevor E. Angell, MD

Associate Professor of Clinical Medicine
Associate Medical Director
of Thyroid Center
Division of Endocrinology and Diabetes
Department of Medicine

Stratos Christianakis, MD

Clinical Associate Professor of Medicine
Division of Rheumatology
Department of Medicine

Glenn R. Ehresmann, MD

Clinical Associate Professor of Medicine
Division of Rheumatology
Department of Medicine

Patrick C. Hsieh, MD

Edwin M. Todd/Trent H. Wells, Jr.
Professor of Clinical Neurological Surgery
Quality Director, USC Spine Center
Department of Neurological Surgery

May M. Lee, MD, ATSF, FCCP, FACP

Clinical Associate Professor of Medicine
Assistant Dean of
Continuing Medical Education
Program Director,
Pulmonary and Critical Care Fellowship
Division of Pulmonary,
Critical Care, and Sleep Medicine
Department of Medicine

Mark F. Lew, MD

Professor of Clinical Neurology
Joseph P. Van Der Meulen, MD,
Chair in Parkinson's Disease Research
in Honor of Robert J. Pasarow
Division Chief, Movement Disorders
Department of Neurology

Laila A. Al Marayati, MD, FACOG

Assistant Professor of Clinical Obstetrics
and Gynecology
Division Chief, Generalist Division
Division of Obstetrics and Gynecology
Department of Obstetrics and Gynecology

Vivian Y. Mo, MD, FACC

Clinical Professor of Medicine
Interim Chief of the Division of Cardiology
Division of Cardiovascular Medicine
Department of Medicine

Stephen Myers, MD

Assistant Professor of Clinical Medicine
Division of Rheumatology
Department of Medicine

Mitra K. Nadim, MD, FASN

Professor of Clinical Medicine
Director of Critical Care Nephrology
Division of Nephrology and Hypertension
Department of Medicine

Stavros Savvas, MD

Assistant Professor of Clinical Medicine
Division of Rheumatology
Department of Medicine

Leanna Wise, MD, MPH

Assistant Professor of Clinical Medicine
Division of Rheumatology
Department of Medicine

FACULTY

RHEUMATOLOGY PHARMACISTS

Allison Chacon, PharmD, APH

Assistant Professor of Clinical Pharmacy
USC Mann School of Pharmacy
and Pharmaceutical Sciences

Janet Cho, PharmD, BCGP

Clinical Staff Pharmacist
Autoimmune Conditions
USC Mann School of Pharmacy
and Pharmaceutical Sciences

Negin Sazgar, PharmD

Clinical Staff Pharmacist
Autoimmune Conditions
USC Mann School of Pharmacy
and Pharmaceutical Sciences

PHYSICAL THERAPISTS

Lori Ginoza, PT, DPT, NCS

Assistant Professor of Clinical Physical Therapy
Director, Neurologic Residency Program
USC Division of Biokinesiology
and Physical Therapy
Herman Ostrow School of Dentistry of USC

Yogi Matharu, DPT, OCS, MBA

Associate Chair, Clinical Services
Director of Physical Therapy
Keck Hospital of USC and
USC Norris Comprehensive Cancer Center
Division of Biokinesiology and Physical Therapy
Herman Ostrow School of Dentistry of USC

KECK SCHOOL OF MEDICINE

Senior Fellows

Division of Rheumatology

Eaman Al-Hassan, MD
Muntarin Karim, DO
Joshua D. Lee, MD

GUEST FACULTY

Allison Arkfeld, MA, LMFT

Somatic Psychotherapist
Carlsbad, CA

Alan N. Oki, MD

Private Practice
Honolulu, HI

TARGET AUDIENCE

This course is intended for practicing internists, family medicine physicians, subspecialist physicians and allied health personnel who care for adults and who seek to enhance their understanding of internal medicine and available treatment options to optimize the management of their patients.

ACCREDITATION STATEMENT

The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of 21.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

The following may apply *AMA PRA Category 1 Credit(s)™* for license renewal: Registered Nurses may report up to 21.25 credit hour(s) toward the CME requirements for license renewal by their state Board of Registered Nurses (BRN). CME may be noted on the license renewal application in lieu of a BRN provider number. Physician's Assistants: The National Commission on Certification of Physicians' Assistants states that *AMA PRA Category 1 Credit(s)™* accredited courses are acceptable CME requirements for recertification.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 21.25 ABIM MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn ABIM MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

HOTEL RESERVATIONS AND TRAVEL SERVICES

CONFERENCE LOCATION

Hyatt Regency Maui: 200 Nohea Kai Drive, Ka'anapali, Hawaii 96761-1985

Telephone Number: (808) 661-1234

Internet access is provided in the meeting room. Electricity availability is limited.

HOTEL

The 51st Annual USC Internal Medicine for PCPs & Subspecialists conference will be held at the Hyatt Regency Maui Resort and Spa on Ka'anapali Beach. This beach front property features beautiful grounds with exotic wildlife and extensive nature-inspired swimming pools with rope bridges, waterfalls, grottoes and waterslides. Golf is available at Ka'anapali's two popular courses.

NIGHTLY DISCOUNTED GROUP ROOM RATES

Golf/Mountain View: \$405 Deluxe Ocean View: \$439

Ocean Front View- Regency Club (concierge): \$568

Please reserve early. These rates have sold out the last several years.

Reservation requests received after February 1, 2024 will be accepted on a space and rate availability basis.

Online: www.uscinternalmedicine.com

Phone: **Hyatt at (877) 803-7534, refer to the "USC Internal Medicine" conference rate at the Hyatt Regency Maui.**

Travel Dates: **Arrival Saturday, March 2, check-out Friday, March 8, 2024.**

Rooms may be reserved at the group rate 3 days before and after the main dates, subject to availability.

A discounted resort fee of \$10 per night plus tax (usually \$40) **is included** in the rates shown above. This covers a number of services such as Internet, fitness center admission and shuttles to Ka'anapali. Group members reserving at the official group rates are also entitled to complimentary overnight self-parking, usually \$27 per day.

Tax of 17.42% not included and will be added to your room charges. Rates are for one or two adults. Additional adults over 18 are charged \$80 per night. Maximum occupancy is 4 per room. Children 18 and under are free.

King rooms have a king bed and a full-size pullout sofa bed. Double rooms have a queen bed and a double bed.

DEPOSITS AND CANCELLATIONS

A two-night deposit (room rate and tax) is required at time of booking.

The deposit is fully refundable 30 days prior to arrival. Cancellations made after that time are subject to loss of deposit.

Please visit www.uscinternalmedicine.com for online reservations and car rates for the conference. Maui's Kahului Airport (OGG) is located 27 miles from the Hyatt Regency Maui. Hotel self-parking is included for members traveling on our official group rates.

CURRENCY

All registration payments must be in U.S. currency. Personal checks, bank drafts, or money orders must be issued from U.S. banks. A \$25 fee will be applied to process payments submitted in foreign currency or when there is a disparity in the calculated rate of exchange.

REGISTRATION FORM

51st Annual USC Internal Medicine for PCPs & Subspecialists March 4-7, 2024

Hyatt Regency Maui: 200 Nohea Kai Drive, Ka'anapali, Hawaii 96761-1985

TUITION

Early-bird registration closes February 19, 2024, 12:00 pm PST.

Tuition does not include air travel and hotel accommodations.

\$849 MD/DO \$749 NP/PA/APP \$749 RN/AH

Note: Electronic syllabus and course proceedings are emailed prior to the program.

Registration fees after February 19, 2024, 12:00 pm PST (telephone only)

On-site registration available from March 4-7, 2024.

\$899 MD/DO \$799 NP/PA/APP \$799 RN/AH

REGISTER FOR COURSE

Early registration and travel booking is advised.

Online: keckusc.cloud-cme.com/internalmedicine2024 **Visa or Mastercard only.**

Mail: Office of CME, 1540 Alcazar Street, CHP 223, Los Angeles, CA 90033

Phone: (323) 442-2555 | Fax: (323) 442-3734 **AMEX, Visa or Mastercard**

Email: usccme@usc.edu

On-site: Hyatt Regency Maui, Monarchy Ballroom Foyer, March 4, 2024 at 6:00 am

CANCELLATION POLICY

Registration cancellations must be emailed to the USC Office of CME by February 19, 2024 for a refund to be issued. A \$50 cancellation fee will be applied. USC will not refund any travel costs incurred.

REGISTRATION INFORMATION

Name _____

Degree _____ Medical License Number _____

Specialty _____

Address _____

City _____ State _____ Zip Code _____

Phone Number _____

Email Address* _____

Institutional Affiliation _____

Special Dietary or Physical Needs _____

* Correspondence and confirmations are sent by email.

METHOD OF PAYMENT

No cash accepted.

Check (Payable to USC. Checkpayment must be postmarked by February 19, 2024).

Credit Card (Mastercard or Visa online, American Express by fax/phone/mail)

Credit Card Number _____

Expiration Date _____ Security code _____

Authorized Signature _____ Amount \$ _____



Keck School of Medicine of USC

Office of Continuing Medical Education
1540 Alcazar Street, CHP 223
Los Angeles, CA 90033



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